Indiana University  
School of Medicine  
Department of Psychiatry  

Addiction Psychiatry Residency  

Indianapolis  
This city of nearly 1 million people is variously known as “The cross-roads of America” and “The amateur sports capital of the world”. It has the dual advantages of a very low cost of living and the amenities of a thriving city. The city has professional football, ice hockey, and both men’s and women’s basketball teams, as well as a AAA baseball farm team. The Indianapolis 500 “Indy Car” race is held each May, and the NASCAR Brickyard 400, each August. The symphony, ballet, and opera companies are excellent. There are several art museums, one of the best children’s museums in the country, and a lovingly restored museum of medical history on the former grounds of Indiana’s first state psychiatric hospital. The city park system, which includes a number of golf courses, hiking, and bicycle trails, is well designed and maintained. Surprisingly for a city this size, traffic jams are not a big problem, and there are multiple desirable neighborhoods scattered throughout the city proper and surrounding suburbs.

Indiana  
Our state is generally regarded as very “physician friendly”, and following graduation, there are multiple opportunities for practice in every part of the state. The people are known for their “Hoosier Hospitality”, and we often hear comments about how welcome people feel in our state.
**Objectives**

The PGY-V Addiction Psychiatry Residency is constituted so as to provide for the development of knowledge, clinical experience, and administrative exposure to be able to:

- Provide the highest level of Addiction Psychiatry care
- Successfully compete for a position as Medical Director for an Addiction Program
- Apply for and pass the ABPN exam in addiction Psychiatry
- Develop an awareness of, and ability to participate in, cutting edge addiction research
- Develop related areas of interest in gambling addiction or smoking cessation.

**Clinical Rotation Schedule**

The PGY-V Addiction Psychiatry Residency experience is divided into two major blocks, each six months in length, at:

- Roudebush VA Medical Center, Indianapolis, IN.
- Midtown Community Mental Health Center, Wishard Memorial Hospital, Indianapolis, IN.

There will also be minor blocks and electives at Methodist and Fairbanks Hospitals, also located in Indianapolis. Rotations will include inpatient and outpatient detoxification, inpatient and intensive outpatient rehabilitation, relapse prevention, dual diagnosis (mental illness, chemical dependency) programs, and residential treatment. Populations will include adolescent through geriatric age ranges for both males and females. The PGY-V resident is expected to fill leadership roles clinically and will be involved in addiction medical administrative functions. There are experiences in community-based consultation. All of these duties are supervised in such a way as to provide support while allowing for the growth of the resident as a competent addiction provider.

**Didactic Schedule**

Conferences on both routine and complicated addictions management, addictions research, literature review, and neuropsychiatry are part of the required curriculum. Grand Rounds in psychiatry are held weekly from September through May, and attendance is expected. The resident is expected to present a Grand Rounds during the latter half of the training year. A bibliography of required and suggested reading is given at the beginning of the year.

**Salary and Fringe Benefits**

The PGY-V salary at Indiana University Medical Center is $37,474 for the 2000-2001 training year. There is one week of paid educational leave and four weeks of vacation, as well as sick days and holidays. Healthcare insurance for the resident and family is provided, as well as malpractice coverage for work done as part of the residency. No on-site night call is required.

**History**

Indiana University School of Medicine has a long and distinguished history of treatment and research in the addictions. Dr. Schmetzer pioneered outpatient detoxification programming in Indiana. Dr. Varma’s papers on the cognitive effects of marijuana are still being quoted today. Dena Davidson, Ph.D., one of the newest members of the I.U. psychiatric faculty, has published clinical studies involving the use of opiate antagonists in decreasing the craving for alcohol. Midtown C.M. H.C. runs Indiana’s oldest continuously operating methadone clinic, and Fairbanks Hospital is the oldest general addiction treatment program in the state. The Roudebush VA medical Center has a highly respected addiction program, as well as leading the way in developing treatment protocols for addiction-related risky behaviors. Dr. Lawson has numerous publications relating to co-morbidity of mental illness and substance dependence. Methodist Hospital houses the Ouster Center, one of only three approved treatment centers for gambling addiction within Indiana.

**Accreditation**

The program is fully accredited by the ACGME and has two PGY-V slots per year. A PGY-VI year in research into the addictions can be arranged with the permission of the training director.