New Course Request

Indiana University

Check Appropriate Boxes: Undergraduate credit [X] Graduate credit [ ] Professional credit [ ]

1. School/Division: Education
2. Academic Subject Code: EDUC
3. Course Number: G204 (must be cleared with University Enrollment Services)
4. Instructor: Joel Wong
5. Course Title: Asian American Mental Health
   Recommended Abbreviation (Optional): (Limited to 32 Characters including spaces)
6. First time this course is to be offered (Semester/Year): Spring 2009
7. Credit Hours: Fixed at 3, or Variable from _______ to _______
8. Is this course to be graded S-F (only)? Yes [ ] No [X]
9. Is variable title approval being requested? Yes [ ] No [X]
10. Course description (not to exceed 50 words) for Bulletin publication: This course addresses issues of Asian American ethnicity, culture, and race as they relate to mental health, psychopathology, and mental health services.
11. Lecture Contact Hours: Fixed at 3, or Variable from _______ to _______
12. Non-Lecture Contact Hours: Fixed at 0, or Variable from _______ to _______
13. Estimated enrollment: 20 of which 25 percent are expected to be graduate students.
   (combined with graduate course)
14. Frequency of scheduling: once per yr. Will this course be required for majors? [ ] no
15. Justification for new course: contributes to the School of Education goal of enhancing diversity
16. Are the necessary reading materials currently available in the appropriate library? yes
17. Please append a complete outline of the proposed course, and indicate instructor (if known), textbooks, and other materials.
18. If this course overlaps with existing courses, please explain with which courses it overlaps and whether this overlap is necessary, desirable, or unimportant.
19. A copy of every new course proposal must be submitted to departments, schools, or divisions in which there may be overlap of the new course with existing courses or areas of strong concern, with instructions that they send comments directly to the originating Curriculum Committee. Please append a list of departments, schools, or divisions thus consulted.

Submitted by: [Signature] 5/19/08
Department/Chairman/Division Director
Joyce Alexander

Dean of Graduate School (when required)
[Signature] 1/28/09

Approved by: [Signature] Date
Dean

[Signature] Date
Chancellor/Vice-President

[Signature] Date
University Enrollment Services

ENTERED JUN 23, 2009
CURR-IPD-O84531

After School/Division approval, forward the last copy (without attachments) to University Enrollment Services for final processing. Also, send four copies and attachments to the Campus Chancellor or Vice-President.
ASIAN AMERICAN MENTAL HEALTH
G204

INSTRUCTOR: Y. Joel Wong, Ph.D.
Contact: email: joelwong@indiana.edu
         phone: 812.856.8293
Office Hours: by appointment
Office Location: School of Education, room 4052

Course Objectives:
Students participating in this course will be able to:
1) Discuss the influence of culture and racial and ethnic identity on Asian Americans' mental health and well being
2) Discuss systemic factors affecting Asian Americans' mental health and well-being
3) Evaluate the research methods used in Asian American psychology
4) Identify specific challenges that are salient to Asian American communities
5) Describe Asian conceptualizations of mental health and well being
6) Discuss the provision of culturally-competent mental health services

Required Readings:
Your textbook is Asian American Psychology: Current Perspectives (2009) by Nita Tewari and Alvin Alvarez. Additional readings will be posted on Oncourse.

Class Structure:
The entire course will be conducted online. There will not be any face-to-face class sessions. Lecture notes, discussion questions, readings, and audiovisual materials will be posted Oncourse. Class participation will take place through the Oncourse forum.

Grading: Grading will be based on points earned for the following activities:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Weight</th>
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<tbody>
<tr>
<td>Forum participation</td>
<td>25%</td>
</tr>
<tr>
<td>Review paper</td>
<td>25%</td>
</tr>
<tr>
<td>2 tests (2 x 25%)</td>
<td>50%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
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</tbody>
</table>

Course Requirements:
Test – Students will be tested on the key concepts learned in the course through multiple-choice and short-answer questions.

Review paper – Students will write an 8-page paper reviewing the literature on any Asian American mental health issue of their choice. The topic must be approved by the course instructor.

Class Participation – Each student will be expected to participate every week in the Oncourse forum. Each week, students are expected to make at least two posts: one in response to the instructor’s discussion questions and the other in response to another student’s post. In their posts,
students should show that they have read the required readings for the week. Students will be judged on the **consistency, quantity, and quality** of their contributions.

**Attendance** – It is imperative that students attend classes regularly. Attendance is based on your participation in the *Oncourse* forum. You will be deemed to be absent from class if you do not make at least one post in the *Oncourse* forum in a particular week. More than 2 occasions of unexcused absence will result in a reduction in your final grade. **Warning:** For each subsequent unexcused absence, 5 points will be deducted from your final score. In the event of a planned absence or an absence due to sickness or family emergency, please contact the instructor regarding appropriate documentation.

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Who are Asian Americans?</td>
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<tr>
<td>Week 2</td>
<td>Acculturation, Enculturation, and Cultural Stressors</td>
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<td>Week 3</td>
<td>Asian American Racial and Ethnic Identity&lt;br&gt;Managing Multiple Social Identities</td>
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<td>Week 4</td>
<td>Gender Issues: Asian American Women and Men</td>
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<td>Week 5</td>
<td>Asian Americans’ Experience of Racism</td>
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<td>Week 6</td>
<td>Stereotypes and Media Images&lt;br&gt;The Model Minority and the Perpetual Foreigner Stereotypes</td>
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<td>Week 7</td>
<td>Research Methods in Asian American Psychology</td>
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<td>Week 8</td>
<td>Asian American Parenting and Family Conflicts</td>
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<td>Week 9</td>
<td>Asian Americans’ Suicidal Behavior</td>
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<td>Week 10</td>
<td>Refugee Stressors</td>
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<td>Week 11</td>
<td>Asian Americans’ Body Image</td>
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<td>Week 12</td>
<td>Asian Mental Health Worldviews</td>
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<td>Week 13</td>
<td>Asian American Indigenous Healing and Coping</td>
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<td>Week 14</td>
<td>Culturally Competence Mental Health Services</td>
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<tr>
<td>Week 15</td>
<td>Review Paper (students will share what they learned from reading their classmates’ review papers)</td>
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Readings

AAP = Asian American Psychology (textbook)

Week 1
AAP chapters 1 & 2

Week 2
AAP chapter 6


Week 3
AAS chapters 7 & 19

Week 4
ASS chapters 11 & 12

Week 5
AAS chapters 21


Week 6
AAS chapters 4 & 22

Week 7
AAS chapter 3


Week 8
ASS chapters 16

Week 9


Week 10
AAS chapter 23


Week 11
AAS chapter 28


Week 12


Week 13
AAS chapter 29


Week 14
AAS chapters 27 & 39

Week 15
Students will be assigned to read 2 of their classmates’ review papers.