New Course Request

Check Appropriate Boxes: Undergraduate credit [✓] Graduate credit [ ] Professional credit [ ]

1. School/DIVISION: IU School of Liberal Arts

2. Academic Subject Code: EALC

3. Course Number: E 335 (must be cleared with University Enrollment Services)

4. Instructor: Jing Wang

5. Course Title: Studies in Chinese Martial Arts Culture

Recommended Abbreviation (Optional):

(Limited to 32 Characters including spaces)

6. First time this course is to be offered (Semester/Year): Spring 2010

7. Credit Hours: Fixed at [ ] 3 [ ] or Variable from ______ to ______

8. Is this course to be graded S-F (only)? Yes [✓] No [ ]

9. Is variable title approval being requested? Yes [ ] No [✓]

10. Course description (not to exceed 50 words) for Bulletin publication: This course surveys the history and style of Chinese martial arts and explores their theoretical bases of Confucianism, Daoism, Buddhism, Chinese medicine, and health preservation practices. Students also study the literary tradition and aesthetic conventions of martial arts fiction and analyze cinematic expressions of martial arts skills, chivalry, and love.

11. Lecture Contact Hours: Fixed at [ ] 3 [ ] or Variable from ______ to ______

12. Non-Lecture Contact Hours: Fixed at ______ or Variable from ______ to ______

13. Estimated enrollment: 20 of which ______ percent are expected to be graduate students.

14. Frequency of scheduling: once per 2 years Will this course be required for majors? No

15. Justification for new course: An addition to East Asian languages and cultures course offerings

16. Are the necessary reading materials currently available in the appropriate library? Yes

17. Please append a complete outline of the proposed course, and indicate instructor (if known), textbooks, and other materials.

18. If this course overlaps with existing courses, please explain with which courses it overlaps and whether this overlap is necessary, desirable, or unimportant.

19. A copy of every new course proposal must be submitted to departments, schools, or divisions in which there may be overlap of the new course with existing courses or areas of strong concern, with instructions that they send comments directly to the originating Curriculum Committee. Please append a list of departments, schools, or divisions thus consulted.

Submitted by:

[Signature] Date 1/1/2005
Department Chairman/Division Director

[Signature] Date 1/1/2005
Dean

Dean of Graduate School (when required)

Approved by:

[Signature] Date 1/1/2005
Chancellor/Vice-President

Date

University Enrollment Services

After School/DIVISION approval, forward the last copy (without attachments) to University Enrollment Services for initial processing, and the remaining four copies and attachments to the Campus Chancellor or Vice-President.

UPS 724
University Enrollment Services Final—White; Chancellor/Vice-President—Blue; School/Division—Yellow;
Department/Division—Pink; University Enrollment Services Advance—White
IUPUI
Department of World Languages and Cultures
Studies in Chinese Martial Arts Culture
Syllabus

Course Title & Number: E 335 Studies in Chinese Martial Arts Culture
Instructor: Jing Wang, Assistant Professor
Office: CA 127-A
Phone: 278-3625
Email: jw41@iupui.edu
Office Hours:
Class Meeting:
Meeting Room:

COURSE OBJECTIVES

Studies in Chinese Martial Arts Culture surveys the history and style of Chinese martial arts, explores their theoretical bases of Confucianism, Daoism, Buddhism, Chinese medicine, and health preservation practices. Students also study the literary tradition and aesthetic conventions of martial arts fiction, and analyze cinematic expressions of martial arts skills, chivalry, and love.

There is no prerequisite for the course. The lectures, discussion, readings and home work assignments are all in English.

Studies in Chinese Martial Arts Culture meets the IUPUI Principles of Undergraduate Learning (in particular Principles 1, 2, 4, 5, and 6):
1. Core Communication and Quantitative Skills – to communicate well in a variety of formats
2. Critical Thinking – to analyze information and ideas from multiple perspectives and to use knowledge and understanding to generate and explore new questions
3. Integration and Application of Knowledge – to use information and concepts from multiple disciplines in intellectual, professional, and community activities
4. Intellectual Depth, Breadth, and Adaptiveness – to organize disciplinary ways of knowing and to apply them to specific issues and problems
5. Understanding Society and Culture – to recognize your own cultural traditions and to understand and appreciate the diversity of the human experience at home and abroad
6. Values and Ethics – to make informed and principled choices regarding conflicting situations, and to recognize the importance of aesthetics in personal life and in society.

COURSE ORGANIZATION

The course is divided into three parts: history and styles of Chinese martial arts, the theoretical bases (philosophical, medical, or health preservation) of Chinese martial arts, and the description of chivalry, martial arts skills, martial arts values, and love in martial arts novels and films.

The course meets twice a week. Students are expected to finish the reading assignment before coming to class. At the beginning of each class, one student will summarize the readings,
and raise some questions about the topic for the class discussion. Then the instructor will lecture more on the topic and lead further inquiry into the topic.

COURSE MATERIALS

Required Reading

Books


Chapters or Articles


EVALUATION

Please submit homework on time. Homework submitted late will be lowered by one letter grade. Here is how the various components will be weighed in calculating the final course grade:

Grade Distribution
1. Class Attendance  5%
2. Discussion  15%
3. Term paper (3)  60%
4. Take home essay  20%

A+ = 97-100; A = 93-96; A- = 90-92; B+ = 87-89; B = 83-86; B- = 80-83;
C+ = 76-79; C = 73-75; C- = 70-72; D+ =66-69; D=60-65; D- = 55-58; F=0-59

CLASSROOM COURTESY
1. Students are expected to attend every class, to be attentive and to participate actively in the work of the class.
2. Electronic devices (cell phones, etc.) are disruptive to the class and, for that reason, should be turned off for the duration of the class period. If, for professional reasons, a student needs to have a cell phone, it must operate in the vibration mode.
3. Arrive at class on time. Excessive tardiness will be noted and your class participation grade will be adversely affected.
4. Do not leave class early for any reason unless it is a medical emergency. Picking someone up at the airport and meetings with other professors should not be scheduled during the class time.
5. Bring all your books for every class meeting.
6. Do not bring food or drink into the classroom or the lab.
7. Do not chew gum in class or in lab.

DEPARTMENTAL RULES

Attendance and participation: Students are responsible for all work that is due or assigned during class. Documented illness is usually the only acceptable excuses for absence from class. Exceeding the numbers indicated below may result in a lower grade or failing the course (quoted from the 98/00 School of Liberal Arts Bulletin, p. 17). The Chinese Program has established the following attendance policy. If a student misses more than three classes, one point will be taken off the final grade for each unexcused absence beyond the initial three classes. It is up to your instructor to determine what a reasonable excuse is.
Withdrawals: If it becomes necessary for you to withdraw from the class, do so as soon as possible. Until the third week, you do not need the instructor's signature. From the third to the eighth week, you may withdraw (if you are passing the course) with the instructor's signature. After that, you must receive a grade for the course.

Incompletes: Incompletes are given only under dire circumstances. Do not ask for an incomplete unless you have documented proof of a medical or family emergency that prevents you from completing the course. You must also be passing the course at the time you ask for an incomplete; therefore, if you receive a failing grade on midterm report sheets you will not be eligible for an incomplete.

Disabled Students: If you are a disabled student in need of special arrangements for exams and/or homework, bring your instructor a letter from the Disabled Student Resources Office. You may also have to meet with the instructor to finalize the arrangements.

Student Athletes: If you are a student athlete in need of special arrangements for exams and/or homework due to your participation in official competitions on and off campus, provide the instructor with a copy of your sports schedule during the first week of class.

Audits: If you are auditing the course, talk to the instructor about what is expected of you to receive an "X" (successful audit) instead of a "W" (withdrawal) as your grade.

Statement on Cheating and Plagiarism: Students are expected not to give or receive help during tests and exams and must acknowledge fully any ideas, materials or quotations taken from another source for either written or oral use. The policies on academics misconduct as outlined in the 1997 Code of Student Rights, Responsibilities and Conduct and on pp. 36-37 of the 2004-2006 IUPUI Bulletin also apply to the inappropriate use of Machine Translation, Web-based translation engines, or Web texts. Penalties for cheating and plagiarism may include a failing grade on a particular exam or paper (or for the entire course), disciplinary action, or dismissal.

Do you have a problem you do not know how to solve? Is there information you cannot find? Do you have a question that needs an answer or a problem that is affecting your class performance? The Student Advocate Office is here to help! It will answer your questions, direct you to the appropriate departments and people, familiarize you with university policies and procedures, and give you guidance as you look at ways to solve problems and make choices. The Student Advocate Office is located in UC002 and can be contacted by phone at 278-7594 or email at stuadvoc@iupui.edu. For more information, see the Student Advocate website at: http://www.life.iupui.edu/advocate.
<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>General Introduction to Chinese Marital Arts</th>
</tr>
</thead>
</table>
| 1(1) | Video Clips | Human weapons  
http://www.youtube.com/watch?v=Pyxdmas8Two  
Fanzi  
http://www.youtube.com/watch?v=XRgispNpy70&NR=1  
Baji  
http://www.youtube.com/watch?v=JKUC413pCQ&mode=related&search=  
Hongga:  
http://www.youtube.com/watch?v=HIIVryY9tZI  
42 T’ai Chi  
http://www.youtube.com/watch?v=FoiGW8GcJFc  
Chen style T’ai Chi  
http://www.youtube.com/watch?v=X7WZbx-V-8w  
Long Tassel Sword:  
http://www.youtube.com/watch?v=XOWU15gPguC |
|       | Lecture & Discussion | Modern Chinese martial arts styles; Viewing martial arts from the Chinese perspective; Critiquing the first video clip |
| 1(2)  | Topic | General Introduction to China and Chinese history |
|       | Reading | 1. Fung, Yu-Lan (1976). *A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.* (pp. 16–29);  
|       | Lecture & Discussion | An overview of Chinese history; Functions of martial arts in Chinese history |
| 2(1)  | Topic | A Historical Survey of Chinese Martial Arts |
2. Kang, Gewu (1995). *The spring and autumn of Chinese martial arts: 5,000 years.* (pp. 1–12, 15, 21, 29, 47, 63, 95) |
|       | Lecture & Discussion | A historical survey of Chinese martial arts |
| 2(2)  | Topic | Shaolin Styles |
| Video Clips | Shaolin Kongfu demonstration: [http://www.youtube.com/watch?v=c8tXFAMulM&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=c8tXFAMulM&amp;mode=related&amp;search=)
| | Shaolin Boxing: [http://www.youtube.com/watch?v=i_alOmNhjm0](http://www.youtube.com/watch?v=i_alOmNhjm0)
| | Shaolin Luohan Quan: [http://www.youtube.com/watch?v=aBoLkoQO_iA&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=aBoLkoQO_iA&amp;mode=related&amp;search=)
| | Shaolin Fan: [http://www.youtube.com/watch?v=MNNpqwmL1CM](http://www.youtube.com/watch?v=MNNpqwmL1CM)
| | Shaolin drunken Staff: [http://www.youtube.com/watch?v=_8z8iQFz50&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=_8z8iQFz50&amp;mode=related&amp;search=)
| | Shaolin Playing mantis: [http://www.youtube.com/watch?v=58miOdS8ZfG&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=58miOdS8ZfG&amp;mode=related&amp;search=)
| | Critiquing: [http://www.youtube.com/watch?v=19ZVj4zEEY4&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=19ZVj4zEEY4&amp;mode=related&amp;search=)
| Reading | 1. Kennedy, B. & Guo, E. (2005). *Chinese martial arts training manuals: a historical survey.* (pp. 239–245);
| Lecture & Discussion | An overview of Shaolin styles
| Week 3(1) | Topic | Yin-Yan; Five elements; Qi; Jing Luo
| Lecture & Discussion | An overview of Yin-Yang, Five elements, Qi, and Jing Luo
| Week 3(2) | Topic | T'ai Chi, Xing Yi, Ba Gua
| Video Clips | Chen Style demonstration: [http://www.youtube.com/watch?v=8YQDpLMcJMs&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=8YQDpLMcJMs&amp;mode=related&amp;search=)
| | Master Wang Peisheng (push hands): [http://www.youtube.com/watch?v=Br0DNMELas8](http://www.youtube.com/watch?v=Br0DNMELas8)
| | Wudang: [http://www.wdgf.cn/sxzl/index.html](http://www.wdgf.cn/sxzl/index.html)
| | Ba Gua: [http://www.youtube.com/watch?v=cUpPTkqVPxk](http://www.youtube.com/watch?v=cUpPTkqVPxk)
| | Xingyi: [http://www.youtube.com/watch?v=N1-IDd-Tld0&amp;mode=related&amp;search=](http://www.youtube.com/watch?v=N1-IDd-Tld0&amp;mode=related&amp;search=)
| Reading | 1. Lu, Shengli (2006). *Combat techniques of Taiji, Xingyi, and Bagua: principles and practices of internal martial arts.* (pp. 11–15); (pp. 42–79); (pp. 79–97); (pp. 15–42)  
| Lecture & Discussion | T’ai Chi, Xing Yi, & Ba Gua; Difference between T’ai Chi and western boxing styles |
| **Week 4(1)** | **Topic** | Qinna, Dian Xue, Qinggong, Qigong |
| Video Clip | Haidong one finger supporting his body | [link](http://www.youtube.com/watch?v=1BDthH7w1Sk&related) |
| Lecture & Discussion | Special Chinese martial arts techniques |
| **Week 4(2)** | **Topic** | Martial Arts Weapons |
| Video Clips | T’ai Chi Sword (Wudang T’ai Chi Sword) [link](http://www.youtube.com/watch?v=XOGym-7WYFY&related)  
Jet Li’s Broad sword: [link](http://www.youtube.com/watch?v=qP34fEl-WLPc&related)  
Master Wang Peisheng: spear [link](http://www.youtube.com/watch?v=fqFjoaBwG1g&related)  
Shaolin Cudgel [link](http://www.youtube.com/watch?v=LigqSlzAYbE) |
<p>| Reading | Zhang, Yun (2005). <em>The art of Chinese swordsmanship: a manual of Taiji jian.</em> (pp. 37–51; 75–92) |
| Lecture &amp; Discussion | Chinese martial arts weapons |</p>
<table>
<thead>
<tr>
<th>Assignment</th>
<th>First Paper: An Introduction to Chinese Martial Arts (T’ai Chi, Ba Gua, Xing Yi, Chinese Martial arts weapons, Chinese martial arts external styles)</th>
</tr>
</thead>
</table>

**Unit Two: Theoretical Bases**

### Week 5(1)

**Topic**
Chinese View on Body and Health Preservation, Dao Yin; Traditional Chinese Medicine

**Reading**
1. Fung, Yu-Lan (1976). *A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.* (pp.129–142);
2. Maciocia, G. (2005). *The foundations of Chinese medicine.* (pp. 41–73; 751–753);
3. Huang, Jianping (1995). *Methodology of traditional Chinese medicine.* (p.55);

**Lecture & Discussion**
Traditional Chinese medicine

### Week 5(2)

**Topic**
Traditional Chinese Medicine & Chinese Martial Arts

**Reading**
The yellow emperor’s classic of internal medicine (pp.1-24)

**Lecture & Discussion**
Traditional Chinese medicine & Chinese Martial Arts

### Week 6(1)

**Topic**
Daoism and Martial Arts

**Reading**
Fung, Yu-Lan (1976). *A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.* (pp. 217–240);

**Lecture & Discussion**
Taoist cultivation of human body

### Week 6(2)

**Topic**
Buddhism and Martial Arts

**Reading**
Fung, Yu-Lan (1976). *A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.* (pp. 241–265)

**Lecture & Discussion**
Chinese Buddhism

### Week 7(1)

**Topic**
Buddhism and Martial Arts
<table>
<thead>
<tr>
<th>Week 7(2)</th>
<th>Topic</th>
<th>Confucianism and Martial Arts Virtues</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>Fung, Yu-Lan (1976). <em>A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.</em> (pp. 38–48; pp. 68–79);</td>
<td></td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Confucianism</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 8(1)</th>
<th>Topic</th>
<th>Confucianism and Martial Arts Virtues</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>Fung, Yu-Lan (1976). <em>A short history of Chinese philosophy: A systematic account of Chinese thought from its origins to the present day.</em> (pp. 143–177)</td>
<td></td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Confucianism and Chinese martial arts values</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 8(2)</th>
<th>Topic</th>
<th>Martial Arts Training Manual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>Kennedy &amp; Guo (pp. 175–304)</td>
<td></td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Classical works on Chinese martial arts</td>
<td></td>
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<tr>
<td>Assignment</td>
<td>Second Paper: Philosophical Bases for Chinese martial arts; Martial arts and Daoism; Martial arts and Confucianism; Martial arts and Buddhism; Martial arts and health preservation</td>
<td></td>
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</tbody>
</table>

**Unit Three: Fiction & Cinema**

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<thead>
<tr>
<th>Week 9(1)</th>
<th>Topic</th>
<th>Chinese Martial Arts Novel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>Flying Fox of Snowy Mountain (first part)</td>
<td></td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>A historical overview of Chinese martial arts novels;</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 9(2)</th>
<th>Topic</th>
<th>Chinese Martial Arts Novel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 10(1)</td>
<td>Topic</td>
<td>Chinese Martial Arts Novel</td>
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</tr>
<tr>
<td>Reading</td>
<td>Flying Fox of Snowy Mountain (second part)</td>
<td></td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Flying Fox of Snowy Mountain</td>
<td></td>
</tr>
<tr>
<td>Week 10(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Novel</td>
</tr>
<tr>
<td>Reading</td>
<td>Finishing the novel Flying Fox of Snowy Mountain</td>
<td></td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Description of Xia (Chivalry) in Jin Yong’s novels</td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>Description of martial arts skills in Jin Yong’s novels</td>
<td></td>
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<tr>
<td>Week 11(1)</td>
<td>Topic</td>
<td>Chinese Martial Arts Novel</td>
</tr>
<tr>
<td>Reading</td>
<td>Read the story of “Sword of the Yue Maiden”</td>
<td></td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>Description of swordsmanship; Description of love in Jin Yong’s novels</td>
<td></td>
</tr>
<tr>
<td>Week 11(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Novel</td>
</tr>
<tr>
<td>Reading</td>
<td><em>The Lovers’ Sabers</em></td>
<td></td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>At the end of the story of the “The Lovers’ Sabers,” people retrieved a sheet of paper from the inside of the twin sabers. On the sheet is written a statement revealing the secret of invincibility. From your understanding of martial arts and Chinese philosophy, please think what the statement might be and justify your statement. Description of philosophical ideals in Jin Yong’s novels</td>
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<tr>
<td>Week 12(1)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Screen</td>
<td>Fists of Fury: 97 min</td>
<td></td>
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<tr>
<td>Week 12(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Bruce Lee and Hong Kong Action Cinema</td>
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<tr>
<td>Week 12(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Week 13(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>Jackie Chan &amp; Hong Kong Action Cinema; Chinese opera &amp; Action Cinema</td>
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<tr>
<td>Week 14(1)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Screening</td>
<td>Once Upon a Time in China</td>
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<tr>
<td>Week 14(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Lecture &amp; Discussion</td>
<td>Chinese Identity</td>
<td></td>
</tr>
<tr>
<td>Week 15(1)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
</tr>
<tr>
<td>Screening</td>
<td>Crouching Tiger and Hidden Dragon: 120 min</td>
<td></td>
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<tr>
<td>Assignment</td>
<td>Third Paper: Artistic reorientation of martial arts in martial arts novels.</td>
<td></td>
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<tr>
<td>Week 15(2)</td>
<td>Topic</td>
<td>Chinese Martial Arts Film</td>
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<tr>
<td>Lecture &amp; Discussion</td>
<td>Chinese martial arts films</td>
<td></td>
</tr>
<tr>
<td>Final</td>
<td>Take home essay</td>
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</tr>
</tbody>
</table>

**Disclaimer:** The course is not a martial arts training class. Please do not follow either the video clips or manuscripts in this course to practice martial arts on your own without the guidance of a martial arts instructor. The above schedule and procedures are subject to change in the event of extenuating circumstances.